



Gluten Free Primary Menu 2023/2024

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				
Pasta Bolognese (use gluten free pasta) Sweetcorn, Peas Or Seasonal Salad	Fish Fingers Or Cheese & Potato pie With Baked Beans, Peas Or Seasonal Salad	Chicken Breast Whole Potatoes with Carrots or Broccoli & Gravy	Gammon Ham Or Cheese & Tomato Pasta (use gluten free pasta) With Peas, Mix Veg Or Seasonal salad	Pork Sausage Or Ham Chipped Potatoes with Baked Beans, Peas Or Seasonal Salad
Dessert				
Fruit & Icecream	Gluten free cupcake	Stewed Apples and Custard	Fruit Jelly	Fruity Friday
Week 2				
Chicken & Tomato Pasta Bake (use Gluten Free pasta) Or Quorn Sausage Potatoes Baked Beans Broccoli Seasonal Salad	Gammon Ham With Potato Puffs With Peas, Sweetcorn Or Seasonal Salad	Sliced Turkey + Potatoes with Carrots, Broccoli & Mix Veg & Gravy	Ham or Turkey With Potatoes, Green Beans, Baked Beans Or Seasonal Salad	Fish Fillet Chipped Potatoes With Peas, Sweetcorn Or Seasonal Salad
Dessert				
Gluten free CupCake	Fruit Jelly	Gluten free CupCake	Fruit & Icecream	Fruity Friday
Daily Choice				
Gluten free Filled Roll, or Filled Jacket Pot, choice of Ham, Cheese or Tuna				

FRESH FRUIT AVAILABLE DAILY



Gluten Free Primary Breakfast
Blackcurrant Juice Break with a choice of either Gluten free Rice Krispies or Cornflakes with Semi Skimmed Milk And Genius Gluten free Bread Toasted with spread